

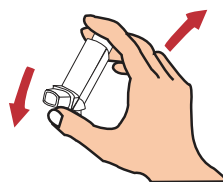
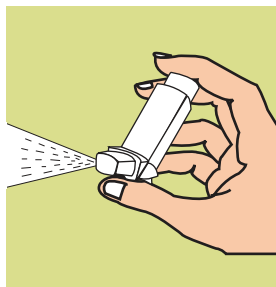
HOW TO USE YOUR INHALER CORRECTLY

Testing your inhaler

Before using your inhaler for the first time, or if it has not been used for a week or more, shake it well and then "test fire" it, i.e. release one puff into the air.

Remove the mouthpiece cover, and check that it is clean. Shake the inhaler well. Hold the inhaler upright as shown, with your thumb on the base. Place either one or two fingers on top of the canister.

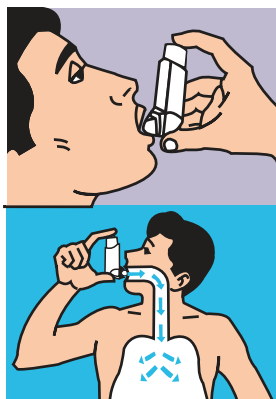
Breathe out gently, through your mouth.



3

Place the mouthpiece of the inhaler in your mouth between your teeth and close your lips around it (Do not bite it). Tilt your head slightly backwards.

Start breathing in slowly through your mouth. As you breathe in, press down the canister to release one dose while continuing to breathe in steadily and deeply.



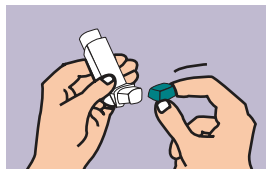
4

Remove the inhaler from your mouth and hold your breath for 10 seconds, or for as long as it is comfortable. Breathe out slowly.



5

If another dose is required, wait for at least one minute and repeat steps 2 to 4. After use, replace the mouthpiece cover.



IMPORTANT:

Do not rush steps 3 and 4. It is important that you start to breathe in as slowly as possible just before releasing the dose. Practice in front of the mirror for the first few times. If you see "mist" coming from the top of the inhaler or the sides of your mouth, start again from step 1. This escaping mist indicates incorrect technique.



FOR CHILDREN

Parents must assist those children who need help in using the inhaler correctly.



Leave to dry in warm place. Avoid excess heat.
5. Replace the canister and the mouthpiece cover correctly.



CLEANSING

It is essential to keep the plastic mouthpiece clean, to ensure proper functioning of the inhaler. Clean your inhaler at least once a week, as follows:

1. Gently pull the metal canister out of the plastic body of the inhaler. Remove the mouthpiece cover.
2. Immerse the plastic body and the mouthpiece cover in warm water. **Do not put the metal canister in the water.**
3. Next, rinse the plastic body and mouthpiece cover under running tap water.
4. Shake well to remove excess water.

WARNING

If the recommended dose does not provide the desired effect, consult your doctor. It is dangerous to exceed the recommended dose.

The metal canister is pressurised. Do not puncture or burn it even when empty.

Keep away from eyes
Keep away from children.